

Holiday List !!

November:

- ⇒ Do you need Christmas cards? If you do purchase!
- ⇒ If you write a Christmas letter start it now.
- ⇒ Check your card list and purchase stamps (I always have a book of stamps at the ready)
- ⇒ Make the commitment to buy local as much as possible. Talk to family and friends and make a plan. Find out about local small businesses, Etsy sellers, check Instagram. **Ideas:** Friends' night where you draw names and can only purchase a local product. What about messaging and asking people who they recommend. Know about. Support. This should be the year we don't line big businesses' pocket.
- ⇒ Check to see if you need gift bags, paper and tissue paper. Purchase if needed.
- ⇒ If you enjoy making crafts for the holidays start them now so you don't have late nights the week before Christmas. PS next year maybe start even earlier!!
- ⇒ Decide and make a list of baking supplies you need. Get your tried and true recipes out. Also ingredients for new recipes you want to try. Never a bad idea to try new things.
- ⇒ If you have to mail parcels the end of the month would be a good time.
- ⇒ Make sure you don't overbook yourself during the holidays. Save a few evenings to be home.

December:

- ⇒ Mail those Christmas cards!
- ⇒ Start wrapping or bagging the gifts you have. If you need more wrapping supplies purchase.
- ⇒ Start baking and freezing what you can.
- ⇒ It is time to decorate!!
- ⇒ Make time for family and friends—a movie night, craft night and/or a baking night. It is all about getting together.
- ⇒ Be gentle with yourself. Recognize you can't and shouldn't do it all. Realistic expectations.

PS: note I have a longer list in November. Reason is do the prep work earlier so you can enjoy the holiday season. More evenings to get together with family and friends.

